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Welcome to the practice of Dr. Christopher Lepisto, and your new journey to health through naturopathic medicine! We have been looking forward to your visit, and to creating a path of wellness with you. The following information will orient you to our clinic procedures. Feel free to ask Dr. Lepisto if you have any questions. In order to get the best picture of where you are in your process towards vibrant health, we will need to get as much information as possible prior to the visit. This is a chance for both of us to prepare for our time together. Please fill out the attached forms and return them by email or fax within 3 business days. As well, please bring these forms with you to your initial appointment.

The First Two Visits

Our commitment is to assist you in creating and fulfilling your vision of health. During the first visit we will clarify your ideas of a healthy self, and then determine where you are now in relationship to your vision. The visit will include a comprehensive health history, a thorough review of your current health, a physical exam, review of existing lab work, and ordering of any new lab tests, if necessary. Please obtain lab work from your current providers in the last year and bring this to your visit along with any supplements or medications that you are currently taking. In this visit you and Dr. Lepisto will decide together whether or not you will respond favorably to treatment at the clinic. The second visit will be a presentation of findings from the first visit, in which a specific plan will be created over a number of visits on how to achieve the health you desire. If you decide to pursue treatment, we will work within a budget and timeframe that is helpful for you. The course of care that Dr. Lepisto will prescribe usually includes a combination of educational materials, specific therapies, consultations, and subsequent re-evaluation and re-examination. These reassessments and re-examinations are crucial to evaluate your response to the prescribed program. The reassessments help Dr. Lepisto determine whether you need to make changes in your treatment plan to fulfill your vision of health. Remember that symptoms may resolve long before the underlying causes of disease have been completely eliminated. Instead of merely eliminating symptoms, our aim is to support you in creating health.

Appointment Changes

Should you need to change an appointment for any reason barring serious emergency, we require a minimum of 24 hours notice to reschedule. For patients who neglect to reschedule 24 hours in advance, we will charge the full office visit fee.

Fees

Fees are due the day the service is provided. For an adult, the first two visits of 45mins each are \$250 combined, due at the first visit. If approved by Dr. Lepisto, an acute first visit is \$125. 30 min follow-ups are \$75. A pediatric first visit is \$115 with 30 min follow-ups for \$60. Payment can be made with cash, personal check or credit card and your cooperation is appreciated! In addition, there is no charge for phone consults of 5 minutes or less. Longer consults will be charged on a per-minute basis.

We have found this policy to be most effective for both patients and our office. Outstanding balances can cause embarrassment and communication breakdowns, and potentially decrease adherence to the prescribed treatment program. If you foresee any financial challenges, be sure to address them with Dr. Lepisto prior to your initial consultation.

I understand the office policies as stated above, and I agree to fulfill my responsibilities as a patient as stated herein:

Patient's Signature

Date

Yours,

Dr. Christopher Lepisto